

AMILA DIVE BEACH RESORT

MENU - HEALTHY OPTIONS

The logo for Amila Dive Beach Resort, featuring the word "Amila" in a white serif font on a dark blue rectangular background.

SPICY STIR-FRIED TOFU WITH KALE AND RED PEPPER (MAY NOT ALWAYS BE AVAILABLE) A NUTRITIONAL POWER HOUSE. WITH SOY SAUCE MIXTURE AND SESAME OIL.	PHP 400
STIR-FRY VEGETABLES ONION, BELL PEPPER, CARROTS, GREEN BEANS, POTATOES	PHP 300
MEDITERRANEAN COUSCOUS SALAD (Good for two) RED WINE VINEGAR, BLACK OLIVES, ONIONS, CUCUMBER, GARBANZOS, HERBS, LEMON ZEST <i>ADDITIONAL FETA CHEESE or GOAT CHEESE (MAY NOT ALWAYS AVAILABLE)</i>	PHP 450
ROASTED VEGETABLES ONION, CARROTS, POTATOES, MAY HAVE BROCCOLLI OR GREEN BEANS (WHATEVER IS AVAILABLE IN THE MARKET). SERVED WITH FRIES.	PHP 150 PHP 350
VEGETABLE KARE-KARE CREAMY PEANUT STEW WITH STRING BEANS AND EGGPLANT.	PHP 300
VEGETABLE QUESADILLAS CABBAGE, CORN, TOMATOES, BELL PEPPER, ONIONS, JALAPEÑOS, CHEESE. SERVED WITH LETTUCE AT THE SIDE.	PHP 300
<u>PASTA</u> TOMATO AND BASIL <i>CHOICE OF GLUTEN FREE PASTA ADDITIONAL.</i>	PHP 300 PHP 50
<u>PIZZA</u> VEGETABLE PIZZA TOMATO, ONIONS, MUSHROOMS, OLIVES, BELL PEPPER, KALE, ALMONDS	PHP 500
HERB GARDEN PIZZA FRESH HERBS FROM THE GARDEN	PHP 350
MARGHERITA CHEESE TOPPED WITH BASIL	PHP 300
PESTO PIZZA WITH CAPERS	PHP 350
<u>SMOOTHIE BOWL</u> WITH MANGOES, BLUEBERRIES, BANANA, COCONUT, SUNFLOWER SEEDS	PHP 600
<u>KALE SMOOTHIE (IN A GLASS)</u>	PHP 300

PLEASE TAKE NOTE THAT WE TAKE DEBIT & CREDIT CARDS.

A 10% SERVICE CHARGE WILL BE ADDED IN EVERY TRANSACTION. 20% SERVICE CHARGE FOR ROOM SERVICE AND BEACH/POOL SIDE SERVICE.

THESE FUNDS ARE COLLECTED AND DISTRIBUTED TO THE EMPLOYEES OF AMILA DIVE BEACH RESORT. THANK YOU.

PRICES OF OUR MENU ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. REV23DEC2023